

FACT SHEET

COMBINATION DRILL



SKILL LEVEL: INTERMEDIATE - ADVANCED

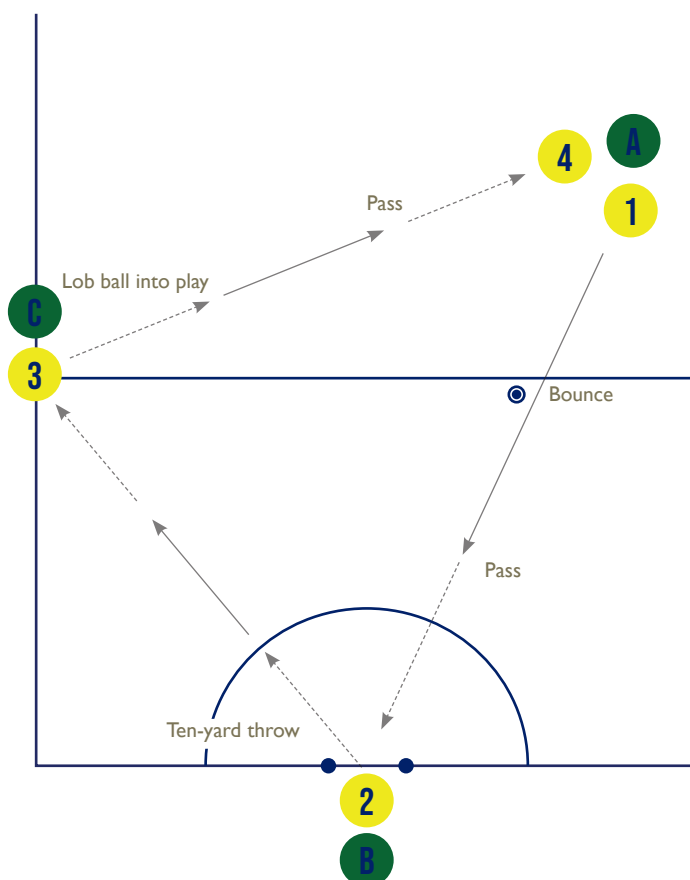
SKILL DEVELOPMENT: LONG PASSES & GOAL ACCURACY

PLAYERS REQUIRED: 4

EQUIPMENT REQUIRED: A HORSE, A RACQUET PER PLAYER, 1-4 BALLS AND GOALS

INSTRUCTIONS

- 1 Player One starts at Station A and rides towards the goal. As the player passes the 30-yard line, bounce the ball and deliver a pass to Player Two who is positioned at Station B. Follow through to end at Station B.
- 2 Player Two then rides towards Station C. Lob a ten-yard throw into the area, and then passes to Player Three who is already positioned at Station C. Follow through to end at Station C.
- 3 Player Three then rides back towards Station A. Lob the ball into the field of play before picking it up and throwing it to Player Four who is already positioned at Station A. Follow through to end at Station A.
- 4 Repeat the drill, with all players now starting at the Station they have just reached.



Pro Tips

Go slow, and ensure your skills are accurate.

Once confident, try adding more balls to increase the speed of the drill.



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Scan the QR code below to watch a video of this drill in action.

**PLAY
WELL**

